



# Multiple reports of Overdoses with SEVERE OUTCOMES reported in Cranbrook, BC

## February 25, 2020

There have been recent reports of multiple OVERDOSES with SEVERE OUTCOMES in Cranbrook BC. Some of the overdoses appear to be linked with MDMA (Molly/Ecstacy). TOXIC DRUGS are circulating.

### For your safety:

- Use Drug Checking Services prior to using ALL drugs <u>www.drugchecking.ca</u>.
- Avoid using different drugs at the same time or using drugs and alcohol together.
- Don't use alone. Leave door unlocked. Tell someone to check on you.
- Test by using a small amount, then go slow.
- Carry a Naloxone kit and know how to use it.
- Use at an overdose prevention or supervised consumption site if one is near you.

#### Know the signs of overdose and how to respond

- Recognize the signs of an OD: slow or no breathing, gurgling or gasping, lips/fingertips turning blue, difficult to rouse (awaken), non-responsive.
- Call 9-1-1 immediately
- Open airway and give rescue breaths
- Give naloxone (Narcan) if you have it.

#### Naloxone Kits and Training available at:

- ANKORS, EKASS, IH Public Health & Mental Health Substance Use Locations
- Pharmacies located throughout Cranbrook <u>https://towardtheheart.com/site-finder</u>

#### Drug Checking Services: ANKORS #209 – 16th Ave North Cranbrook 250-426-3383 www.drugchecking.ca

ALERT IN EFFECT UNTIL: MARCH 3, 2020 PLEASE REMOVE AFTER THIS DATE.

